

**Galesburg Academy of Martial Arts
presents
2014 Invitational Tournament**



**Saturday April 26th 2014 @ 10am!
1960 North Henderson St
Galesburg IL 61401**

Phone or Text 309-299-5845

[Online registration ONLY!](#)

[Download tournament packet and register at](#)

www.galesburgmartialarts.com

Forms-Weapons-Sparring-Grapppling

***1 event \$25 *2 events \$35 *3 events \$45 *4 events \$50**

Matted rings! Concessions! Tournament Grand Champion Trophy!

Excellent event for beginners!

[All 1st place grappling division winners will be awarded title belts!](#)

Safety punch & kick-headgear-mouthpiece-groin protectors required!

Last day to register online is April 19th!

Guaranteed fair and equal competition for all!

Minimum 4 competitors per division!

Spectators Adults \$3 Children 12 & under \$1

[Taekwondo Times Magazine Coverage!](#)

ORDER OF EVENTS

Saturday, April 26th

Galesburg Academy of Martial Arts

9:00am Check in starts

10:00a.m. Tournament begins!

Order of events:

Grappling

Forms

Weapons

Sparring

CONCESSIONS

Concessions will be provided by Galesburg Academy of Martial Arts. No outside food or beverages will be allowed!

TOURNAMENT DIRECTOR:

Master Aaron Wayne-Duke

Galesburg Academy of Martial Arts

1960 North Henderson St. Galesburg IL 61401

309-299-5845

DIRECTIONS TO TOURNAMENT:

Galesburg is located conveniently off of I-74, US 34 and also US 150.

FORMS COMPETITION

AWARDS: 1st, 2nd and 3rd

Place competitors in each division will receive a medal.

DIVISIONS:

Special Divisions – special athletes will be assigned divisions in their ring

Youth divisions are combined (boys and girls together)

White-Yellow-Orange

Youth novice 5-7, Youth novice 7-9, Youth novice 10-12, Youth novice 13-17

Green-Blue-Purple

Youth intermediate 5-7, Youth Intermediate 7-9, Youth Intermediate 10-12, Youth Intermediate 13-17

Red-Brown-Red/black-Brown/black-Black

Youth advanced 5-7, Youth advanced 7-9, Youth advanced 10-12, Youth advanced 13-17

Adult forms and weapons will be combined (men and women together). Sparring and grappling shall be separated. Divisions may be combined or further divided depending on the number of competitors.

Adult Divisions

White-Yellow-Orange

Men 18-34, Women 18-34, Men 35 and over, Women 35 and over

Green-Blue-Purple

Men 18-34, Women 18-34, Men 35 and over, Women 35 and over

Red-Brown-Red/black-Brown/black-Black

Men 18-34, Women 18-34, Men 35 and over, Women 35 and over

RULES FOR FORMS

The form shall not be judged on the content. The content of forms will vary from school to school and from style to style. Therefore, forms will be judged on the following elements: balance, concentration, execution, form, speed, power, intensity and control. The lowest possible score will be 6 and the highest possible score will be 9. 3 judges will award points with the highest total being determined the winner. In case of tie, competitors will be allowed to perform a second form of their choice with judges choosing by show of hand.

SPARRING COMPETITION

AWARDS: Competitors placing 1st, 2nd & 3rd in each division will receive trophies.

For the most part, we will group athletes in divisions of four or less. In groups of four, two third places will be awarded. We will not play off for third place. In groups of three, one athlete will get a bye. The bye is considered a win and the athlete awarded the bye does not compete in the first round.

DIVISIONS:

Special athletes will be grouped together by age, rank, gender & weight or be given an exhibition match.

Special Divisions – special athletes will be assigned divisions in their ring

Youth divisions are combined (boys and girls together)

White-Yellow-Orange

Youth novice 5-7, Youth novice 7-9, Youth novice 10-12, Youth novice 13-17

Green-Blue-Purple

Youth intermediate 5-7, Youth Intermediate 7-9, Youth Intermediate 10-12, Youth Intermediate 13-17

Red-Brown-Red/black-Brown/black-Black

Youth advanced 5-7, Youth advanced 7-9, Youth advanced 10-12, Youth advanced 13-17

Adult forms and weapons will be combined (men and women together). Sparring and grappling shall be separated. Divisions may be combined or further divided depending on the number of competitors.

Adult Divisions

White-Yellow-Orange

Men 18-34, Women 18-34, Men 35 and over, Women 35 and over

Green-Blue-Purple

Men 18-34, Women 18-34, Men 35 and over, Women 35 and over

Red-Brown-Red/black-Brown/black-Black

Men 18-34, Women 18-34, Men 35 and over, Women 35 and over

FORMAT:

Weight divisions will be used as needed. Divisions may be combined or further divided, depending on the number of competitors. Exhibition matches permitted with coach's/parent's permission.

Color Belts (all ages) one round, one minute. First competitor to score 3 points will be declared the winner. Overtime will be one, one minute round, if necessary.

Black Belts (all ages) one round, two minutes.

EQUIPMENT:

martial arts uniform, protective cup (males), headgear, safety punch, safety kick and mouth protection is **MANDATORY!**

LEGAL TECHNIQUES:

Fore fist or back fist only. No knife hand, ridge hand, hammer fist or palm strikes allowed.

Foot (any part of the foot below the ankle)

NO TAKEDOWNS, SWEEPS OR TRAPPING PERMITTED

AREAS FOR SCORING:

Head area: Light controlled foot contact to the head gear only for ALL competitors.

(NO DIRECT FACE CONTACT IS ALLOWED)

Body area: stomach, side, chest. No techniques to the back will be counted nor allowed.

VALID SCORES:

One point shall be awarded for any legal foot or hand strike executed with proper balance and technique. Corner judges will determine sufficient force to the body. Any light contact to the head by the foot with proper technique to the scoring area will be awarded a point.

MATCH:

The winner of the match will be the competitor with the highest score at the end of the round. In the event of a tie, there will be "sudden victory" overtime, and the first competitor to score a point will win the match.

RULES INFRACTIONS:

COMMITTING ANY OF THE FOLLOWING RULES INFRACTIONS WILL RESULT IN A HALF POINT

DEDUCTION, A FULL POINT DEDUCTION, OR A DISQUALIFICATION AT THE DISCRETION OF

THE CENTER REFEREE.

-

executing a kick to the head with heavy contact will result in a full point deduction

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executing a kick to the head with heavy contact that results in the inability of the opponent to continue will be DISQUALIFIED.

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executing a kick to the face that results in minor injury will result in a full point deduction

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ANYONE who executes a technique to the face that results in the inability of the opponent to continue due to the injury will be DISQUALIFIED.

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ANY competitor who executes a technique to the face that causes his opponent to bleed shall be disqualified.

-

maliciously attacking opponent

-

grabbing the opponent

-

pushing the opponent with the shoulder, body or hands

-

attacking a fallen opponent

- attacking with unauthorized implement (knee, elbow, hand attack to head, etc.)
- attacking an unauthorized area (face, groin, spine, back of head, neck, etc...)
- faking an injury
- escaping contact by turning the back
- stepping out of bounds to avoid contact
- intentionally falling to avoid contact
- uttering undesirable remarks or unsportsmanlike conduct (either by athlete, coach, or any spectator or individual associated with the athlete)

GRAPPLING COMPETITION

AWARDS: All 1st, 2nd & 3rd Place competitors in each division and all children ages 12 and under will receive a medal.

A) Tournament Rules: No Professionals. No striking at your opponent with any part of the body. No biting, pinching, fish-hooking, hair pulling, eye gouging or pressure points.

No techniques that involve bending or attempting to break fingers or toes or the small joints. No slamming of opponent or suplex (throwing to the ground as a means to pass the guard.)

A competitor will be disqualified from the match if he/ she attempts to injure his / her opponent by twisting the neck or by lifting his opponent and throwing him on his back to the ground (suplex) etc. or where there is an infraction to the tournament rules. There will be warnings for competitors intentionally rolling out of the ring, stalling (not actively seeking submission or a dominate position) and demonstrating a lack of desire to engage in combat. Three warnings will result in a disqualification.

B) Technique Summary: Striking with any part of the body is prohibited. Competitors found to be with intent to strike or cause harm to their opponent will be disqualified and asked to leave the venue.

The following techniques are permitted:

Chokes:

Any choke that renders the opponent into submission. Chokes can be applied with either the arms, legs or with clothing. Competitors can not apply chokes by directly squeezing opponent's throat with hand or pushing against throat to cause loss of breath. Ways of submission can be from side, front, and from behind.

Joint Locks:

Any technique where pressure is applied against a joint forcing opponent to submit. Competitors are permitted to use standard arm locks, inverted arm locks, shoulder locks, wrist locks, foot locks, and straight knee locks. Techniques which require twisting of the joint are allowed, but must be controlled. **IF YOU CAN NOT ESCAPE FROM A TECHNIQUE AND ARE EXPERIENCING DISCOMFORT, SUBMIT BY VISIBLY TAPPING THE GROUND OR OPPONENT.** We encourage sportsmanship and competitive spirit, so please if you feel that your move or application is in any way going to harm your opponent, carefully monitor your opponent's reaction.

C) Matches:

The referee will give an overview of the rules to the whole division at one time, at which time you can ask questions. When called to your match, the referee will remind you of the basics. Competitors will begin their match on their feet and then instructed to engage.

Competitors will not be separated once the match goes to the ground unless submission occurs, time expires, either or both competitors go out of bounds, a competitor is called for stalling, or the referee stops the match for any other reason. Should you go outside the ring, the referee will stop the time and tell you to maintain your position at which point he/she will drag you back to the center and start time again. Submission will win the match. Submission is achieved when opponent visibly taps out (either by tapping opponent or mat with hands) due to inability to escape technique that results in a degree of discomfort. The match will also end if a competitor's coach throws in the towel.

Each match will consist of (1) 3 minute round. If no submission is achieved judges will award winner based on match control, submissions attempted, escapes, etc by show of hands.

The judges have the absolute and final decision.

D) Attire and safety equipment:

Mouth guards and groin protectors are required. Knee pads and head gear are recommended, but not required. No protective gear shall contain metal or hard plastic substances of any sort. No rough, torn or loose equipment will be permitted. Competitors may use no more than two layers of supportive tape. No grease of any kind on the face or body will be permitted. Competitors with long hair should tie it behind their head. The nails must be filed properly and cut short. Proper hygiene is in order. No jewelry is permitted while competing. A clean martial arts uniform may be worn, but a tee shirt must be worn underneath the uniform top. You may also wear a tee shirt and shorts or uniform pants. If your clothing becomes bloodied or torn, you will be asked to replace it immediately or forfeit the match. High-top wrestling shoes are optional. No other type of shoe will be permitted.

E) Divisions:

Competitors will be grouped in divisions based on age, weight and skill level.

Competitors **MUST** weigh-in at registration.

Divisions may be combined or further divided, depending on the number of competitors. Exhibition matches permitted with coach's/parent's permission.

Age Groups:

Boys & Girls together: 6 and under & 7 – 9. Males & females 10 & over will be separated: 10 – 12, 13 – 15, 16 – 34, 35 & over.

Skill Level Breakdown:

Beginner:

Those competitors who have limited experience with grappling (practicing for up to 6 months).

Intermediate:

Competitors who feel very comfortable with grappling. Individuals here have trained anywhere from 6 months to two years. Competitors who have previously won a novice division must enroll in this level.

Advanced:

Competitors who have been grappling for quite some time. Knowledge of various ground techniques is substantial. Tournament experience is sufficient, and training is plentiful. Intermediate winners should consider enrolling here.

WEAPON FORMS

AWARDS: 1st, 2nd and 3rd Place competitors in each division will receive a medal.

ANY COMPETITOR dropping their weapon during presentation will receive automatic 1 point deduction. No exceptions.

DIVISIONS:

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Galesburg Academy of Martial Arts 2014 Invitational Tournament

Hosted by Master Aaron Wayne-Duke

SATURDAY April 26th, 2014

1960 North Henderson St. Galesburg IL 61401

Phone or text 309-299-5845

TOURNAMENT TIME: 10:00 a.m.

PRE-REGISTRATION PAYMENT IS TO BE MADE AT www.galesburgmartialarts.com

You will receive an EMAIL confirmation!

SEND THIS FORM TO:

Galesburg Academy of Martial Arts

1960 North Henderson St. Galesburg IL 61401

PLEASE PRINT ALL INFORMATION

COMPETITOR'S NAME _____

ADDRESS _____ CITY _____

STATE _____ ZIP CODE _____ PHONE _____

AGE (April 19, 2014) _____ BIRTHDATE _____ SEX _____

RANK _____ WEIGHT _____

EVENTS: FORMS _____ SPARRING _____ GRAPPLING _____ WEAPONS _____

(if grappling check one) beginner _____ intermediate _____ advanced _____

MARTIAL ARTS SCHOOL NAME _____

INSTRUCTOR'S NAME _____

SCHOOL ADDRESS _____ CITY _____

STATE _____ ZIP CODE _____ PHONE _____

In consideration of the acceptance of my entry, I do hereby for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages which I may have or may occur to me against Aaron M. Duke, Galesburg Academy of Martial Arts, First State Bank or any representatives or officials involved in the tournament, for any and all damages which may be sustained and suffered by me in connection with my association or entry in the tournament and further agree to pay for any legal expenses arising out of any and all legal disagreement or lawsuits; and further hereby: I agree that prior my competition, I will inspect the facilities which I will be using. If I believe anything is unsafe or beyond my capability, I will immediately advise the staff personally of such condition(s) and refuse to participate. I acknowledge and fully understand that any martial arts competition tournament is a physical contact sport and that I will be engaging in activities that might result in serious injury, including permanent disability and death and severe social and economic loss due to my own actions, negligence of others, or conditions of the premises or any equipment used. I enter this facility and tournament of my own free will and understand the importance of following all the rules and directions given to me. I certify that I am in good physical health and have no disease, injury or other condition that would impair my performance or physical and mental well being in intense physical activity. I grant permission in case of injury to have emergency medical personnel provide me with medical assistance or treatment at my cost. I/We additionally confirm and agree to all the above statements, conditions, waivers and releases and consent to this minor's participation. I/WE HAVE READ THE ABOVE WARNING, WAIVER AND RELEASE, UNDERSTAND THAT I/WE GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY.

SIGNATURE OF COMPETITOR _____ DATE _____

(OR PARENT OR GUARDIAN IF COMPETITOR IS UNDER THE AGE OF 18)